

Choose the size that fits you better



To know the right size for your feet is important to choose a pair of shoe. Even more when the choice has to do with safety shoes because you will wear them while working, under effort or moving on uneven grounds.

It is proved that wearing the shoes that fit your exigencies improve your performances, making you more efficient with less fatigue.

To know your correct foot size you only need a few moments and some easy tools, that everybody has at home: a ruler, a sheet of paper and a pencil.

1. Put your foot on the paper and make it adhere as much as possible.
2. Draw a sign corresponding to the big toe tip and another corresponding to the heel.
3. Measure the distance between big toe and heel.

Do it for both feet, since they often are not the same. If you find that the result are too different remember that it is always better to consider the bigger size, you risk, otherwise, that the shoes will be too tight for one of the two feet.

The following table will help you to convert your foot length into the right shoe size.

FOOT LENGTH CM	22.25	22.29	23.55	24.20	24.85	25.55	26.15	26.80	27.45	28.10	28.75	29.40	30.05	30.70	31.35
EU SIZES	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49
UK SIZES	3	4	4.5	5	6	6.5	7	8	9	10	11	11.5	12	13	13.5